The Diplomat Resort & Spa
3555 S Ocean Dr.
Hollywood, FL 33019
November 15th – 18th, 2018

New Advancements in Clinical and Molecular Research in Sleep Medicine

CREDIT DESIGNATION
University of Miami Leonard M. Miller School of Medicine designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Presented by:
University of Miami Leonard M. Miller School of Medicine

Sponsored by:
UNIVERSITY OF MIAMI
MILLER SCHOOL of MEDICINE
Welcome Message

The Department of Biochemistry and Molecular Biology at the University of Miami, Leonard M. Miller School of Medicine, is committed to evolving areas of inquiry and discovery. Because of this, we are launching a new CME Program. The goal is to offer the CME event, twice a year. Our targeted audience are professionals and researchers in the healthcare field. The inaugural CME, will focus on New Advancements in Clinical and Molecular Research in Sleep Medicine.

Dr. Sylvia Daunert
Professor and Lucille P. Markey Chair

REGISTRATION

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<th>Before 08/15/2018</th>
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OBJECTIVES & ACCREDITATION

OBJECTIVES
At the end of the activity the learners will be able to:
• Be familiar with new frontier research in sleep and related disorders
• Recognize signs & symptoms of common sleep disorders
• Adequately apply treatment options for sleep related disorders
• Acquire hand-on skills applicable to primary care settings in the recognition and treatment of sleep related disorders
• Identify challenges faced by different specialists in dealing with patients with sleep related disorders

ACCREDITATION
University of Miami, Leonard M. Miller School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

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<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tr>
<td>Nov 15</td>
<td>4:00 PM</td>
<td>Arrival &amp; Registration</td>
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<tr>
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<td>6:00 PM</td>
<td>Welcome Reception</td>
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<td>Nov 16</td>
<td>7:00-8:00 AM</td>
<td><strong>Continental Breakfast</strong></td>
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|        | 8:00-9:00 AM   | **Keynote Speaker**  
Professor E. Robert Schwartz, M.D., FAAFP  
Chair, Department of Family Medicine & Community Health, University of Miami, Miller School of Medicine |
|        | 9:00-10:00 AM  | Clinical Advances in Sleep Medicine  
Alejandro D. Chediak, M.D. |
|        | 10:00-10:15 AM | **Break**                                                            |
|        | 10:15-11:15 AM | Clinical Recognition and Management of Common Sleep Disorders  
Alberto Ramos, M.D., MSPH, FAASM |
|        | 11:15-12:15 PM | Therapeutic Approach for Clinical Sleep Disorders  
Mohammad Newaz, M.D., Ph.D., FAHA. |
|        | 12:15-1:15 PM  | **Lunch**                                                            |
|        | 1:15-2:15 PM   | Novel Markers in Sleep Physiology (Cardiorespiratory Coupling, Heart Rate Variability, Augmentation Index)  
Marcos A. Sanchez, M.D., Ph.D. |
|        | 2:15-3:15 PM   | Surgical Approaches of Sleep Disorders  
Ricardo M. Ortiz, M.D., D.M.D. |
|        | 3:15-3:30 PM   | **Break**                                                            |
|        | 3:30-4:30 PM   | Complications and Management of Sleep-Related Disorders in Patients with Respiratory Disorders  
Alexandre R. Abreu, M.D. |
Nov 17
7:30-9:00 AM  Breakfast

9:00-10:00 AM  Sleep Studies Reports and it's Interpretation
Mujibur R. Majumder, M.D., M.P.H., F.C.C.P.

10:00-11:00 AM  Future Perspectives in Sleep Medicine Research
Clete A. Kushida, M.D., Ph.D., FAASM

11:00-11:15 AM  Break

11:15-12:15 PM  Complications and Management of Sleep-Related Disorders in Patients with Psychiatric Disorders
Gerardo F. Ferrer, M.D.

12:15-1:15 PM  Lunch

1:15-2:15 PM  Diagnostic Workup of Sleep Disorders for Children
Lourdes Delrosso M.D., MSEd.

2:15-3:15 PM  Complications and Management of Sleep-Related Disorders in Patients with Cardiac Disorders
Kannan Ramar, M.D., M.B.B.S.

3:15-3:30 PM  Break

3:30 - 5:30 PM  Clinical Case Presentation on Sleep-Related Disorders
Jasmin Ahmed, M.D.

Panel Members: Syed Rizvi, Ph. D., Gerardo Ferrer, M.D., Marcos Sanchez, M.D., Sultan S. Ahmed, M.D.

Nov 18
7:30-9:00 AM  Breakfast

9:00-10:00 AM  Shift Work Disorder, Work Burnout, and Sleep Quality
Ross W. May, Ph.D.

10:00-11:00 AM  Sleep-Related Disorders: A Primary Care Perspective
José David Suarez, M.D.

11:00-11:15 AM  Break
AGENDA

   Justin Singh, M.D.
   Panel Members: Sultan S. Ahmed, M.D., Mujibur Majumder, M.D., Marcos Sanchez, M.D.

1:15-2:15 PM Closing Remarks
Sylvia Daunert  
**Pharm.D., M.S., Ph.D.**  
Professor and Lucille P. Chair  
Biochemistry and Molecular Biology  
Miller School of Medicine  
University of Miami

Sultan S. Ahmed  
**M.D.**  
Clinical Voluntary Professor  
CME Director  
Biochemistry and Molecular Biology  
Miller School of Medicine  
University of Miami

Zafar Nawaz  
**Ph.D.**  
Professor and Senior Associate Dean  
CME Co-Director  
Biochemistry and Molecular Biology  
Miller School of Medicine  
University of Miami

Alejandro D. Chediak  
**M.D.**  
Associate Professor  
Clinical Medicine  
Miller School of Medicine  
University of Miami

E. Robert Schwartz  
**M.D., FAAFP**  
Professor and Chair  
Family Medicine Community Health  
Miller School of Medicine  
University of Miami

Clete A. Kushida  
**M.D., Ph.D., FAASM**  
Professor of Psychiatry and Behavioral Science  
Division Chief and Director  
Stanford Sleep Medicine  
Stanford University

Mohammad Newaz  
**M.D., Ph.D., FAHA**  
Professor and Chair  
Pharmaceutical Sciences  
College of Pharmacy  
Chicago State University

Alexandre R. Abreu  
**M.D.**  
Associate Professor of Medicine  
Director  
UHealth Sleep Center  
Miller School of Medicine  
University of Miami

Alberto Ramos  
**M.D., MSPH, FAASM**  
Associate Professor of Clinical Neurology  
Research Director  
UHealth Sleep Medicine Program  
Miller School of Medicine  
University of Miami
Lourdes DelRosso  
**M.D., MEd, FAASM**  
Associate Professor of Pediatrics  
Sleep Physician  
Seattle Children’s Hospital  
University of Washington

Kannan Ramar  
**M.D., M.B.B.S.**  
Director  
American Academy of Sleep Medicine  
Sleep Medicine Specialist  
Mayo Clinic

José David Suarez  
**M.D.**  
Voluntary Assistant Clinical Professor  
Herbert Wertheim College of Medicine  
Florida International University  
Diplomate of the American Board of Family Medicine  
Seneca District Hospital

Marcos A. Sanchez-Gonzalez  
**M.D., Ph.D.**  
Adjunct Professor of Clinical Medicine  
Lake Erie College of Osteopathic Medicine  
Vice President for Research and Academic Affairs  
Larkin Hospital

Mujibur R. Majumder  
**M.D., M.P.H., F.C.C.P.**  
Associate Professor of Clinical Medicine  
Director  
Pulmonary Critical Care and Sleep Medicine  
Medical Center Brooklyn  
Brookdale University Hospital

Ross W. May  
**Ph.D.**  
Assistant Professor & Associate Director of Research  
Family Institute  
Florida State University

Gerardo F. Ferrer  
**M.D.**  
Assistant Clinical Professor of Psychiatry  
Lake Erie College of Osteopathic Medicine  
Chair  
Department of Psychiatry  
Larkin Hospital

Ricardo M. Ortiz  
**M.D., D.M.D.**  
Oral and Maxillofacial Surgeon  
Massachusetts General Hospital
REGISTRATION

REGISTER NOW!
Please visit http://bit.ly/bmbcme to Register Online and process the Registration fee.

<table>
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<th>Panelist</th>
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<tbody>
<tr>
<td>M.D., Ph.D. and D.O</td>
<td>$550</td>
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<tr>
<td>Physician Assistants and Nurse Practitioners</td>
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<td>Residents and Fellows</td>
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REGISTRATION CANCELLATION POLICY
Refunds will be made only if written notice of cancellation is received prior to October 15th, 2018. A 20% fee will be charged for all refunds. In cases where a course is cancelled due to insufficient registrations, a full tuition refund will be made.
HOTEL, CME PARTICIPANT RATE

A block of rooms has been reserved for conference participants at a discounted rate of US$239/night + tax for a guest room. All individual reservations must be accompanied by a first night room deposit or guaranteed with a major credit card. The hotel will not hold any reservations unless secured by one of the above methods.

Driving Directions: www.bit.ly/CMEDirections

LOCAL HIGHLIGHTS

Hollywood, FL
- Seminole Hard Rock Casino
- Hollywood Beach
- Anne Kolb Nature Center
- West Lake Park
- ArtsPark at Young Circle

Miami, FL
- Wynwood
- PAMM
- Frost Museum
- Miami Seaquarium
- Jungle Island
- Historic Virginia Key Park
- Everglades Tour by Airboat (305) 754-2206
- Miami City Tour (800) 303-1503
**DISCLOSURE AND CONFLICT OF INTEREST RESOLUTION**

All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to the learners.

In accordance with the 2004 Updated ACCME Standards for Commercial Support the University of Miami Leonard M. Miller School of Medicine requires everyone in a position to control the content of a continuing medical education activity — Course Director(s), Planning Committee Members and all individuals participating as speakers, moderators or authors — to disclose all relevant financial relationships with commercial interests. All potential conflicts are identified and resolved prior to the educational activity being provided to learners. Disclosure of relevant financial relationship(s) will be provided to learners prior to the beginning of the educational activity.

**SERVICES FOR THE DISABLED**

If special arrangements are required for an individual with a disability to attend this conference, contact Sebastian Rodriguez at (305) 243-3710 at least 15 days prior to the conference.