New Advancements in Clinical and Molecular Research in Sleep Medicine

November 15 - 18, 2018
The Diplomat Resort & Spa

E. Robert Schwartz
M.D., FAAFP
Professor and Chair
Family Medicine
Community Health
Miller School of Medicine
University of Miami

Kannan Ramar
M.D., M.B.B.S.
Director
American Board of Sleep Medicine
Sleep Medicine Specialist
Mayo Clinic

Clete A. Kushida
M.D., Ph.D., FAASM
Professor of Psychiatry and Behavioral Science
Division Chief and Director
Stanford Sleep Medicine
Stanford University

Alejandro D. Chediak
M.D.
Associate Professor
Clinical Medicine
Sleep Medicine Specialist
UHealth Pulmonary and Sleep Medicine
University of Miami

Presented by:

Sponsored by:

bm.med.miami.edu
bmbinfo@miami.edu
(305) 243-3710
Overview

According to the National Commission on Sleep Disorders Research, 37% of medical schools have reported they do not have any structured teaching time to address Sleep Disorders. In addition, 90% of students are not trained in the use of sleep laboratory procedures and 89% have not participated in the clinical evaluations of patients with sleep disorders.

This CME, New Advancements in Clinical and Molecular Research in Sleep Medicine, will provide in-depth knowledge in diagnosing and treating the link between diseases such as, CHF and Arrhythmia and Sleep Apnea. Attendees will participate in clinical sessions where they will learn about best case management, identification of clinical cases, and case-specific billing processes.

Cardiovascular diseases, neurological disorders, respiratory disorders, allergies, pediatric metabolic disorders, physician burn out, shift work disorders and their effect on sleep physiology is not well recognized. In order to close these healthcare gaps and improve diagnosis and treatment, a new and integrative approach is needed.

Often, a patient seeking help from a sleep laboratory is one who has already seen a doctor and has not found a successful treatment for their ailment. These individuals have a history of low job performance and job-related accidents. Therefore, with proper training, practitioners will be able to effectively, diagnose, monitor and treat patients decreasing work place accidents.

During this CME, there will be discussions about different surgical approaches to obstructive sleep disorder management. After completing this CME, physicians will be able to properly diagnose and treat patients with a Sleep Disorder.
Learning Objectives
At the end of the activity the learners will be able to:

• Recognize signs and symptoms of common sleep disorders.
• Identify various therapeutic applications for sleep disorders.
• Acquire documentation and hands-on skills applicable to clinical settings in recognition and treatment of sleep related disorders.
• Identify various clinical cases in residency settings to enhance understand of sleep disorders.
• Identify complications in clinical medicine patients who have respiratory disease or cardiovascular disease associated with sleep disorders.
• Identify the psychiatric components of clinical presentation of patients suffering from sleep disorders.
• Acquire practical knowledge of diagnostic tests and interpretation of sleep related disorders.
• Recognize the origin of sleep pathologies related to work environments and professional burnout due to lack of sleep.

ACCREDITATION
University of Miami, Leonard M. Miller School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION
University of Miami Leonard M. Miller School of Medicine designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
AGENDA

Every lecture will conclude with a Q&A with the audience.

Nov 15
4:00 PM Arrival & Registration
6:00 PM Welcome Reception

Nov 16
7:00-8:00 AM Continental Breakfast

8:00-9:00 AM Keynote Speaker
Professor E. Robert Schwartz, M.D., FAAFP
Chair, Department of Family Medicine & Community Health, University of Miami, Miller School of Medicine

9:00-10:00 AM Clinical Advances in Sleep Medicine
Alejandro D. Chediak, M.D.

10:00-10:15 AM Break

10:15-11:15 AM Clinical Recognition and Management of Common Sleep Disorders
Alberto Ramos, M.D., MSPH, FAASM

11:15-12:15 PM Therapeutic Approach for Clinical Sleep Disorders
Mohammad Newaz, M.D., Ph.D., FAHA.

12:15-1:15 PM Lunch

1:15-2:15 PM Novel Markers in Sleep Physiology (Cardiorespiratory Coupling, Heart Rate Variability, Augmentation Index)
Marcos A. Sanchez, M.D., Ph.D.

2:15-3:15 PM Surgical Approaches of Sleep Disorders
Ricardo M. Ortiz, M.D., D.M.D.

3:15-3:30 PM Break

3:30-4:30 PM Complications and Management of Sleep-Related Disorders in Patients with Respiratory Disorders
Alexandre R. Abreu, M.D.
AGENDA

Every lecture will conclude with a Q&A with the audience.

Nov 17

7:30-9:00 AM  Continental Breakfast

9:00-10:00 AM  Sleep Study Reports and its Interpretation  
*Mujibur R. Majumder, M.D., M.P.H., F.C.C.P.*

10:00-11:00 AM  Future Perspectives in Sleep Medicine Research  
*Clete A. Kushida, M.D., Ph.D., FAASM*

11:00-11:15 AM  Break

11:15-12:15 PM  Complications and Management of Sleep-Related Disorders in Patients with Psychiatric Disorders  
*Gerardo F. Ferrer, M.D.*

12:15-1:15 PM  Lunch

1:15-2:15 PM  Diagnostic Workup of Sleep Disorders in Children  
*Lourdes Delrosso M.D., MSEd.*

2:15-3:15 PM  Complications and Management of Sleep-Related Disorders in Patients with Cardiac Disorders  
*Kannan Ramar, M.D., M.B.B.S.*

3:15-3:30 PM  Break

3:30 - 5:30 PM  **Panel Discussion:** Clinical Case Presentation on Sleep-Related Disorders  
*Jasmin Ahmed, M.D.*

**Panel Members:**  
*Syed Rizvi, Ph. D., Gerardo Ferrer, M.D., Marcos Sanchez, M.D., Sultan S. Ahmed, M.D.*

Nov 18

7:30-9:00 AM  Continental Breakfast

9:00-10:00 AM  Shift Work Disorder, Work Burnout, and Sleep Quality  
*Ross W. May, Ph.D.*

10:00-11:00 AM  Sleep-Related Disorders: A Primary Care Perspective  
*José David Suarez, M.D.*

11:00-11:15 AM  Break
AGENDA

Every lecture will conclude with a Q&A with the audience.

Nov 18 11:15-1:15 PM  **Panel Discussion:** Hands-on session: Guidelines on Best Practices and Documentation for Billing and Coding in Sleep Disorders  **Justin Singh, M.D.**  
**Panel Members:** Sultan S. Ahmed, M.D., Mujibur Majumder, M.D., Marcos Sanchez, M.D.

1:15-2:15 PM  Closing Remarks
CME EVENT ORGANIZERS

Sylvia Daunert
Pharm.D., M.S., Ph.D.
Professor and Lucille P. Chair
Biochemistry and Molecular Biology
Miller School of Medicine
University of Miami

Sultan S. Ahmed
M.D.
Clinical Voluntary Professor
CME Director
Biochemistry and Molecular Biology
Miller School of Medicine
University of Miami

Zafar Nawaz
Ph.D.
Professor and Senior Associate Dean
CME Co-Director
Biochemistry and Molecular Biology
Miller School of Medicine
University of Miami

MILLER SCHOOL OF MEDICINE FACULTY

Alejandro D. Chediak
M.D.
Associate Professor
Clinical Medicine
Miller School of Medicine
University of Miami

E. Robert Schwartz
M.D., FAAP
Professor and Chair
Family Medicine Community Health
Miller School of Medicine
University of Miami

Alexandre R. Abreu
M.D.
Associate Professor of Medicine
Director
UHealth Sleep Center
Miller School of Medicine
University of Miami

Alberto Ramos
M.D., MSPH, FAASM
Associate Professor of Clinical Neurology
Research Director
UHealth Sleep Medicine Program
Miller School of Medicine
University of Miami
GUEST FACULTY

Clete A. Kushida  
M.D., Ph.D., FAASM  
Professor of Psychiatry and Behavioral Science  
Division Chief and Director  
Stanford Sleep Medicine  
Stanford University

Lourdes DelRosso  
M.D., MEd, FAASM  
Associate Professor of Pediatrics  
Sleep Physician  
Seattle Children's Hospital  
University of Washington

Kannan Ramar  
M.D., M.B.B.S.  
Director  
American Academy of Sleep Medicine  
Sleep Medicine Specialist  
Mayo Clinic

Mohammad Newaz  
M.D., Ph.D., FAHA  
Professor and Chair  
Pharmaceutical Sciences  
College of Pharmacy  
Chicago State University

Marcos A. Sanchez-Gonzalez  
M.D., Ph.D.  
Adjunct Professor of Clinical Medicine  
Lake Erie College of Osteopathic Medicine  
Vice President for Research and Academic Affairs  
Larkin Hospital

José David Suarez  
M.D.  
Voluntary Assistant Clinical Professor  
Herbert Wertheim College of Medicine  
Florida International University  
Diplomate of the American Board of Family Medicine  
Seneca District Hospital

Ross W. May  
Ph.D.  
Assistant Professor & Associate Director of Research  
Family Institute  
Florida State University
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- **$550** M.D., Ph.D. and D.O
- **$400** Physician Assistants and Nurse Practitioners
- **$75** Residents and Fellows

REGISTRATION CANCELLATION POLICY
Refunds will be made only if written notice of cancellation is received prior to **October 15th, 2018**. A **20% fee** will be charged for all refunds. In cases where a course is cancelled due to insufficient registrations, a full tuition refund will be made.
HOTEL, CME PARTICIPANT RATE

A block of rooms has been reserved for conference participants at a discounted rate of US$239/night + tax for a guest room. All individual reservations must be accompanied by a first night room deposit or guaranteed with a major credit card. The hotel will not hold any reservations unless secured by one of the above methods.

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SERVICES FOR THE DISABLED

If special arrangements are required for an individual with a disability to attend this conference, contact Sebastian Rodriguez at (305) 243-3710 at least 15 days prior to the conference.

For More Information Contact:
Sebastian Rodriguez at (305) 243-3710 or bminfo@miami.edu