The Diplomat Resort & Spa
3555 S Ocean Dr.
Hollywood, FL 33019
November 15th – 18th, 2018

New Advancements in Clinical and Molecular Research in
Sleep Medicine

CREDIT DESIGNATION

University of Miami Leonard M. Miller School of Medicine designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Welcome Message

The Department of **Biochemistry and Molecular Biology** at the University of Miami, Leonard M. Miller School of Medicine, is committed to evolving areas of inquiry and discovery. Because of this, we are launching a new CME Program. The goal is to offer the CME event, twice a year. Our targeted audience are professionals and researchers in the healthcare field. The inaugural CME, will focus on New Advancements in Clinical and Molecular Research in Sleep Medicine.

*Dr. Silvia Daunert*
Professor and Lucille P. Markey Chair

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**REGISTRATION**

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OBJECTIVES & ACCREDITATION

OBJECTIVES
At the end of the activity the learners will be able to:
• Be familiar with new frontier research in sleep and related disorders
• Recognize signs & symptoms of common sleep disorders
• Adequately apply treatment options for sleep related disorders
• Acquire hand-on skills applicable to primary care settings in the recognition and treatment of sleep related disorders
• Identify challenges faced by different specialists in dealing with patients with sleep related disorders

ACCREDITATION
University of Miami, Leonard M. Miller School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

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AGENDA

Nov 15  
4:00 PM  Arrival & Registration
6:00 PM  Welcome Reception

Nov 16  
7:00-8:00 AM  Continental Breakfast

8:00-9:00 AM  Keynote Speaker
Professor E. Robert Schwartz, M.D., FAAFP
Chair, Department of Family Medicine & Community Health, University of Miami, Miller School of Medicine

9:00-10:00 AM  Clinical Advances in Sleep Medicine
Alejandro D. Chediak, M.D.

10:00-10:15 AM  Break

10:15-11:15 AM  Clinical Recognition and Management of Common Sleep Disorders
Alberto Ramos, M.D., MSPH, FAASM

11:15-12:15 PM  Therapeutic Approach for Clinical Sleep Disorders
Mohammad Newaz, M.D., Ph.D., FAHA.

12:15-1:15 PM  Lunch

1:15-2:15 PM  Novel Markers in Sleep Physiology (Cardiorespiratory Coupling, Heart Rate Variability, Augmentation Index)
Marcos A. Sanchez, M.D., Ph.D.

2:15-3:15 PM  Surgical Approaches of Sleep Disorders
Ricardo M. Ortiz, M.D., D.M.D.

3:15-3:30 PM  Break

3:30-4:30 PM  Complications and Management of Sleep-Related Disorders in Patients with Respiratory Disorders
Alexandre R. Abreu, M.D.
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>Nov 17</td>
<td>7:30-9:00 AM</td>
<td>Breakfast</td>
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<tr>
<td></td>
<td>9:00-10:00 AM</td>
<td>Sleep Studies Reports and it's Interpretation</td>
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<td><em>Mujibur R. Majumder, M.D., M.P.H., F.C.C.P.</em></td>
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<td>10:00-11:00 AM</td>
<td>Future Perspectives in Sleep Medicine Research</td>
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<td><em>Clete A. Kushida, M.D., Ph.D., FAASM</em></td>
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<td>11:00-11:15 AM</td>
<td>Break</td>
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<tr>
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<td>11:15-12:15 PM</td>
<td>Complications and Management of Sleep-Related Disorders in Patients with Psychiatric Disorders</td>
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<td><em>Gerardo F. Ferrer, M.D.</em></td>
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<td>12:15-1:15 PM</td>
<td>Lunch</td>
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<td>1:15-2:15 PM</td>
<td>Diagnostic Workup of Sleep Disorders for Children</td>
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<td><em>Lourdes Delrosso M.D., MSEd</em></td>
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<td>2:15-3:15 PM</td>
<td>Complications and Management of Sleep-Related Disorders in Patients with Cardiac Disorders</td>
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<td><em>Kannan Ramar, M.D., M.B.B.S.</em></td>
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<td>Break</td>
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<td>3:30 - 5:30 PM</td>
<td>Clinical Case Presentation on Sleep-Related Disorders</td>
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<td><em>Jasmin Ahmed, M.D.</em></td>
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<td><strong>Panel Members:</strong> <em>Syed Rizvi, Ph. D.</em>, <em>Gerardo Ferrer, M.D.</em>, <em>Marcos Sanchez, M.D.</em>, <em>Sultan S. Ahmed, M.D.</em></td>
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<td>Nov 18</td>
<td>7:30-9:00 AM</td>
<td>Breakfast</td>
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<td>9:00-10:00 AM</td>
<td>Shift Work Disorder, Work Burnout, and Sleep Quality</td>
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<td><em>Ross W. May, Ph.D.</em></td>
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<td>10:00-11:00 AM</td>
<td>Sleep-Related Disorders: A Primary Care Perspective</td>
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<td><em>José David Suarez, M.D.</em></td>
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AGENDA

Justin Singh, M.D.

Panel Members: Sultan S. Ahmed, M.D., Mujibur Majumder, M.D., Marcos Sanchez, M.D.

1:15-2:15 PM Closing Remarks
ORGANIZERS & SPEAKERS

Sylvia Daunert  
*Pharm.D.*, *M.S.*, *Ph.D.*  
Professor and Lucille P. Chair  
Biochemistry and Molecular Biology  
Miller School of Medicine  
University of Miami

Sultan S. Ahmed  
*M.D.*  
Clinical Voluntary Professor  
CME Director  
Biochemistry and Molecular Biology  
Miller School of Medicine  
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Zafar Nawaz  
*Ph.D.*  
Professor and Senior Associate Dean  
CME Co-Director  
Biochemistry and Molecular Biology  
Miller School of Medicine  
University of Miami

Alejandro D. Chediak  
*M.D.*  
Associate Professor  
Clinical Medicine  
Miller School of Medicine  
University of Miami

E. Robert Schwartz  
*M.D.*, *FAAFP*  
Professor and Chair  
Family Medicine Community Health  
Miller School of Medicine  
University of Miami

Clete A. Kushida  
*M.D.*, *Ph.D.*, *FAASM*  
Professor of Psychiatry and Behavioral Science  
Division Chief and Director  
Stanford Sleep Medicine  
Stanford University

Mohammad Newaz  
*M.D.*, *Ph.D.*, *FAHA*  
Professor and Chair  
Pharmaceutical Sciences  
College of Pharmacy  
Chicago State University

Alexandre R. Abreu  
*M.D.*  
Associate Professor of Medicine  
Director  
UHealth Sleep Center  
Miller School of Medicine  
University of Miami

Alberto Ramos  
*M.D.*, *MSPH*, *FAASM*  
Associate Professor of Clinical Neurology  
Research Director  
UHealth Sleep Medicine Program  
Miller School of Medicine  
University of Miami
Lourdes DelRosso  
**M.D., MEd, FAASM**  
Associate Professor of Pediatrics  
Sleep Physician  
Seattle Children's Hospital  
University of Washington

Kannan Ramar  
**M.D., M.B.B.S.**  
Director  
American Academy of Sleep Medicine  
Sleep Medicine Specialist  
Mayo Clinic

José David Suarez  
**M.D.**  
Voluntary Assistant Clinical Professor  
Herbert Wertheim College of Medicine  
Florida International University  
Diplomate of the American Board of Family Medicine  
Seneca District Hospital

Marcos A. Sanchez-Gonzalez  
**M.D., Ph.D.**  
Adjunct Professor of Clinical Medicine  
Lake Erie College of Osteopathic Medicine  
Vice President for Research and Academic Affairs  
Larkin Hospital

Mujibur R. Majumder  
**M.D., M.P.H., F.C.C.P.**  
Associate Professor of Clinical Medicine  
Director  
Pulmonary Critical Care and Sleep Medicine  
Medical Center Brooklyn  
Brookdale University Hospital

Ross W. May  
**Ph.D.**  
Assistant Professor & Associate Director of Research  
Family Institute  
Florida State University

Gerardo F. Ferrer  
**M.D.**  
Assistant Clinical Professor of Psychiatry  
Lake Erie College of Osteopathic Medicine  
Chair  
Department of Psychiatry  
Larkin Hospital

Ricardo M. Ortiz  
**M.D., D.M.D.**  
Oral and Maxillofacial Surgeon  
Massachusetts General Hospital
REGISTRATION CANCELLATION POLICY
Refunds will be made only if written notice of cancellation is received prior to October 15th, 2018. A 20% fee will be charged for all refunds. In cases where a course is cancelled due to insufficient registrations, a full tuition refund will be made.

PANELISTS

Syed A. Rizvi
Ph.D., M.S., M.B.A.
Associate Professor of Pharmacy
College of Pharmacy
Nova Southeastern University

Justin Singh
M.D.
Psychiatric Department
Larkin Hospital

Jasmin Ahmed
M.D.
Psychiatric Department
Larkin Hospital

REGISTER NOW!

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HOTEL, CME PARTICIPANT RATE

A block of rooms has been reserved for conference participants at a discounted rate of US$239/night + tax for a guest room. All individual reservations must be accompanied by a first night room deposit or guaranteed with a major credit card. The hotel will not hold any reservations unless secured by one of the above methods.

Driving Directions:
www.bit.ly/CMEDirections

LOCAL HIGHLIGHTS

Hollywood, FL
• Seminole Hard Rock Casino
• Hollywood Beach
• Anne Kolb Nature Center
• West Lake Park
• ArtsPark at Young Circle

Miami, FL
• Wynwood
• PAMM
• Frost Museum
• Miami Seaquarium
• Jungle Island
• Historic Virginia Key Park
• Everglades Tour by Airboat (305) 754-2206
• Miami City Tour (800) 3031503
DISCLOSURE AND CONFLICT OF INTEREST RESOLUTION
All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to the learners.

In accordance with the 2004 Updated ACCME Standards for Commercial Support the University of Miami Leonard M. Miller School of Medicine requires everyone in a position to control the content of a continuing medical education activity — Course Director(s), Planning Committee Members and all individuals participating as speakers, moderators or authors — to disclose all relevant financial relationships with commercial interests. All potential conflicts are identified and resolved prior to the educational activity being provided to learners. Disclosure of relevant financial relationship(s) will be provided to learners prior to the beginning of the educational activity.

SERVICES FOR THE DISABLED
If special arrangements are required for an individual with a disability to attend this conference, contact Lina Angel at (305) 243-3710 at least 15 days prior to the conference.